

## How to Become a Mentor: Step-by-Step Guide

Step 1: Review the [NW AMCP Student Mentorship Program Guide](#)

Step 2: Fill out the [NW AMCP Volunteer Student Mentor Form](#) and send a completed copy to [NorthwestAMCP@gmail.com](mailto:NorthwestAMCP@gmail.com)

### NW AMCP VOLUNTEER STUDENT MENTOR FORM

Name \_\_\_\_\_ Best \_\_\_\_\_ Mentor \_\_\_\_\_ Ever \_\_\_\_\_  
First Middle Initial Last

E-mail listed in the NW AMCP Student Mentor Directory \_\_\_\_\_ [BestMentorEver@ManagedCare.org](mailto:BestMentorEver@ManagedCare.org)

Current role listed in the NW AMCP Student Mentor Directory \_\_\_\_\_ Best Manager Ever

Description of your current role to be provided in the NW AMCP Student Mentor Directory

\_\_\_\_\_ Best Manager Ever at Best Company Ever helping patients receive the care they need

Description of your previous experiences to be provided in the NW AMCP Student Mentor Directory

\_\_\_\_\_ Previously was at Other Best Company Ever serving as the Best Team Member Ever helping patients receive the care, they need

Additional information you would like students to know about you to be provided in the NW AMCP Student Mentor Directory

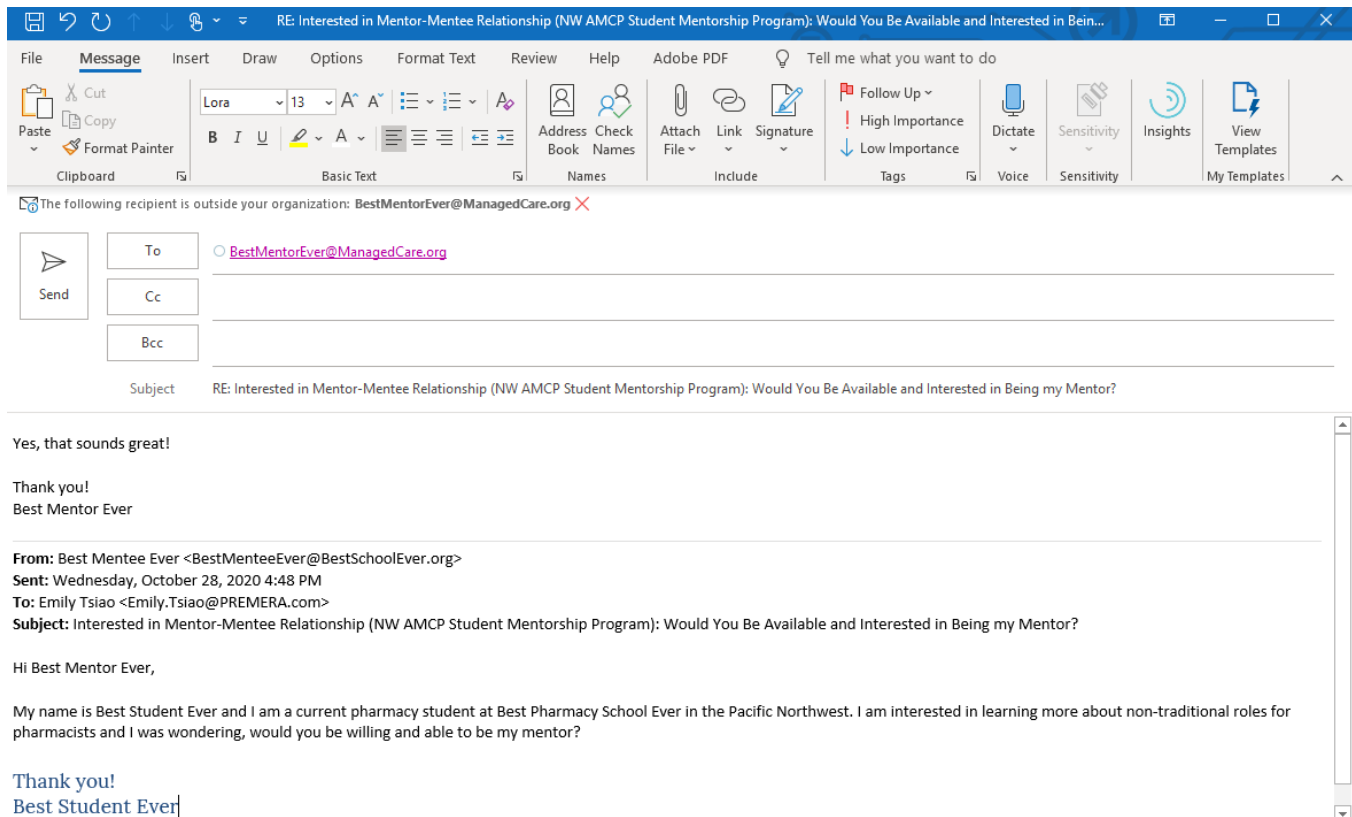
\_\_\_\_\_ I enjoy being a mentor and look forward to having the opportunity to give back to my profession. I also enjoy learning about new drugs, hiking, and spending time with my family.

**Please submit the completed form to the NW AMCP Board at [NorthwestAMCP@gmail.com](mailto:NorthwestAMCP@gmail.com)**

**Step 3: Review your information in the [Northwest AMCP Student Mentor Directory](#) after NW AMCP confirms that you are eligible to be a mentor and reach out at [NorthwestAMCP@gmail.com](mailto:NorthwestAMCP@gmail.com) if there are any changes you would like to make to your information in the directory.**

Name	Email	Current Role	Current Role Description	Description of Previous Experiences	Additional Information
Armen Khachatourian	<a href="mailto:armen757@gmail.com">armen757@gmail.com</a> , <a href="mailto:khachatourian@mvrriad.com">khachatourian@mvrriad.com</a>	National Clinical Director	Act as strategic leader to define and build value proposition for novel pharmacogenomic diagnostics. Work with additional clinical personnel to refine and create data sets and studies to better understand clinical utility and economic impact of our products.		
Bridget Hernandez	<a href="mailto:bridget.hernandez@boehringer-ingenelheim.com">bridget.hernandez@boehringer-ingenelheim.com</a>	Account Medical Advisor	Field based medical lead supporting Health systems and Payer customers across the PNW and West Coast with regard to our full portfolio of products and pipeline. Collaborate across BI commercial (sales and HEOR) and medical (clinical operations, MSLs and home office medical) functions to understand customer thoughts and application of data, perceived data gaps and/or needs.	VA Palo Alto (PGY1 Residency); Kaiser Permanente NCAL (Drug Use Management, also precepted students and residents in this role); GSK (2 roles: unbranded payer support, and Medical Information); Bristol-Myers Squibb (MSL for Hep C); Boehringer Ingelheim (Account Medical Advisor). Also have experience in hospital and long term care environments.	Prior Board Member support of CSHP Central Valley Chapter (Delegate and Social Co-Chair) and AMCP NW (Membership Engagement & Communication Coordinator, and support of Managed Care Day 2019 & 2020)
Cecilia Robaina	<a href="mailto:Cecilia.Robaina@modahealth.com">Cecilia.Robaina@modahealth.com</a>	Clinical Pharmacist	In my current role, I work primarily in policy management. I also work in prior authorization interface management and also develop and present class reviews and drug monographs to Pharmacy and Therapeutics (P&T) Committee.	I started with Moda Health as a Pharmacy Resident in 2017 and stayed on as part of the clinical team. During residency I was able to gain experience in all aspects of our pharmacy department including items such as medical and pharmacy prior authorization reviews, client presentations, quality program initiatives, formulary management, clinical program development, as well as my residency project experience.	During pharmacy school I worked as a technician in retail and hospital settings. My fourth year, I had the opportunity to do a rotation with an Express Scripts Client Manager for the Duke University system. This rotation sparked my interests in managed care. Which led me to pursue the amazing Residency program at Moda Health!
Deborah A. Profant	<a href="mailto:deb.profant@jazzpharma.com">deb.profant@jazzpharma.com</a>	Associate Director, Managed Care MSL Global Value and HEOR Jazz Pharmaceuticals	My current role has 2 main objectives: to share the value story for Jazz products in sleep and oncology with payers and other healthcare decision makers and to collaborate across cross-functional teams and external stakeholders to develop evidence related to health economics, health care delivery, and patient engagement.	Deb trained as a molecular and cell biologist at the University of Washington. She conducted post-doctoral research in human behavior and physiology at the University of California Irvine. Deb worked as an epidemiologist and program liaison for the Oregon state health department where her focus was program management, reporting, policy development and advocacy. Since joining pharma, she has served as a medical science liaison for the past 16 years supporting a wide array of therapeutic areas including neurology, oncology, pain, respiratory diseases, and immune disorders. For the past 9 years, Deb has focused on support of managed care entities by providing the value story for products.	Deb is interested in how digital health can enhance patient outcomes and patient engagement. She is an active member of AMCP and ISPOR and has served on the AMCP membership committee. Deb has served as a mentor during AMCP meetings and for the MSL Society.
Dennis F. Schaffner, II	<a href="mailto:dennis.schaffner@sanofi.com">dennis.schaffner@sanofi.com</a>	Industry: Genzyme Specialty Products	Regional Account Director; Responsible for the promotion and positioning of promoted products with regional payers in Oregon, Washington, Idaho and Alaska. Products include Genzyme products in Oncology, Multiple Sclerosis, Immunology, Rare Disease and Rare Blood disorders.	I've been in the industry for 28 years. Most currently, I've been with Sanofi for 18 years primarily as a district sales manager and regional sales manager.	I can provide industry perspective.

**Step 4: Respond to an email from a mentee who you are interested in developing a mentor-mentee relationship with**



The screenshot shows an email client interface with the following content:

**RE: Interested in Mentor-Mentee Relationship (NW AMCP Student Mentorship Program): Would You Be Available and Interested in Bein...**

The recipient is outside your organization: [BestMentorEver@ManagedCare.org](mailto:BestMentorEver@ManagedCare.org)

**To:** [BestMentorEver@ManagedCare.org](mailto:BestMentorEver@ManagedCare.org)

**Subject:** RE: Interested in Mentor-Mentee Relationship (NW AMCP Student Mentorship Program): Would You Be Available and Interested in Being my Mentor?

Yes, that sounds great!

Thank you!  
Best Mentor Ever

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**From:** Best Mentee Ever <[BestMenteeEver@BestSchoolEver.org](mailto:BestMenteeEver@BestSchoolEver.org)>  
**Sent:** Wednesday, October 28, 2020 4:48 PM  
**To:** Emily Tsiao <[Emily.Tsiao@PREMERA.com](mailto:Emily.Tsiao@PREMERA.com)>  
**Subject:** Interested in Mentor-Mentee Relationship (NW AMCP Student Mentorship Program): Would You Be Available and Interested in Being my Mentor?

Hi Best Mentor Ever,

My name is Best Student Ever and I am a current pharmacy student at Best Pharmacy School Ever in the Pacific Northwest. I am interested in learning more about non-traditional roles for pharmacists and I was wondering, would you be willing and able to be my mentor?

Thank you!  
Best Student Ever

Last updated on October 28, 2020



Step 3: Fill out the [NW AMCP Mentor-Mentee Agreement](#) with your new mentee who will send a completed copy to [NorthwestAMCP@gmail.com](mailto:NorthwestAMCP@gmail.com)

### NW AMCP MENTOR-MENTEE AGREEMENT

The following agreement is made between Best Student Ever and Best Mentor Ever. We are voluntarily entering into this mentoring relationship which we both want to be a productive and rewarding experience. To minimize the possibility of confusion, we have agreed to the following:

- Meeting at least once a quarter virtually or in-person
- Mentor-mentee relationship will end 12 months from the date this mentor-mentee agreement is signed unless the mentor AND mentee choose to renew the relationship or end the relationship earlier than stated in this agreement. If the relationship is renewed, the mentee will submit a new Mentor-Mentee Agreement to [NorthwestAMCP@gmail.com](mailto:NorthwestAMCP@gmail.com)
- Mentee is responsible for scheduling mentor-mentee meetings and preparing each meeting agenda
- When the mentor-mentee relationship ends, the mentee will email [NorthwestAMCP@gmail.com](mailto:NorthwestAMCP@gmail.com) to notify them of the end of the relationship

#### Confidentiality

All information and content shared between the Mentor and Mentee shall be confidential unless express permission is given.

#### Meetings

The Mentee and Mentor will meet and talk at least once every 3 months and at a place that is mutually agreed upon. Meeting times, once agreed, should not be cancelled unless this is unavoidable. Meetings that are cancelled should be rescheduled.

#### Length of Relationship

Mentoring relationships vary in length depending on circumstances. Our goal is to maintain our relationship for 12 months. The relationship will end on October 28, 2021. The Mentee or Mentor can end the relationship at any time or renew the relationship at the end of the term specified in this agreement. If a mentor-mentee relationship is renewed, the mentee will submit a new mentor-mentee agreement to the NW AMCP Board ([NorthwestAMCP@gmail.com](mailto:NorthwestAMCP@gmail.com)). If a mentor-mentee relationship is cancelled, the mentee will notify the NW AMCP Board at [NorthwestAMCP@gmail.com](mailto:NorthwestAMCP@gmail.com).

Best Student Ever

Mentee Name

Best Mentor Ever

Mentor Name

October 28, 2020

Date

Please submit the completed Mentor-Mentee Agreement to the NW AMCP Board at [NorthwestAMCP@gmail.com](mailto:NorthwestAMCP@gmail.com)