

Contents
Spring 2023

President's Corner

Chicago Day of Education Recap

Past Scholarship Winner Spotlight – Alex Spanenberg

Student Spotlight – Ashley Nemith

Student Spotlight – Dana Hossami

AMCP Student Chapter Spotlight

Congratulations – Christina Barrington!

AMCP MIDWEST Newsletter

President's Corner

As one of eleven affiliates for AMCP, we are the only organization that represents the interests of Managed Care Pharmacy. Working together across the industries of health plans, PBMs, Life Science organizations and specialty pharmacies together, we can do great things!



For my President's Corner, I wanted to highlight one specific example.

AMCP Advocacy in Action

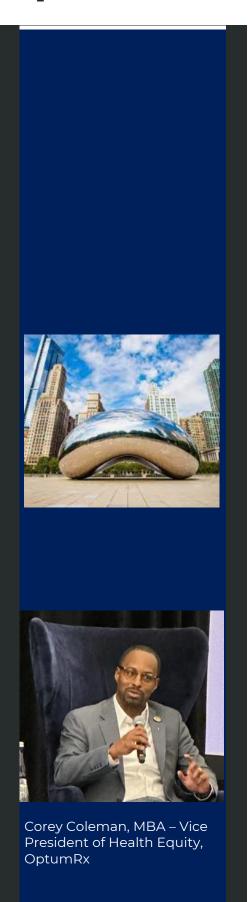
If you texted, called, or discussed the Pre-approval Information Exchange (PIE) Act of 2022, pat yourself on the back. The PIE act was successfully signed into law in December 2022.

Why It Matters:

Although the FDA finalized guidance in 2018 regarding PIE, confusion remained around the circumstances under which manufacturers could provide information prior to approval and the nature of the information that could be provided. The PIE Act clarifies the scope of PIE and resolves inconsistencies between the guidance and relevant statutory law.

The Backstory:

The PIE act was first introduced in March 2022 by Representative Brett Guthrie as H.R. 7008 and subsequently included as Section 810 of the Food and Drug Amendments of 2022 (H.R. 7667) and signed into law as part of the FY2023 Omnibus Bill. The PIE Act enjoyed bipartisan support and through the lobbying efforts of AMCP, along with support from other industry associations, was successfully signed into law. The Act will enhance patient access to emerging pharmaceuticals and devices by authorizing pharmaceutical manufacturers to proactively



share certain health care economic and scientific information about products with health payers ahead of Food and Drug Administration (FDA) approval.

Final Thought:

Change only happens when we work together on positive solutions. The PIE Act is just one small example of the power of that effort. I encourage you to think of ways to contribute to AMCP – at the affiliate or national level through volunteering or participating in events. Together we can work for positive change.

Troy Koch, PharmD, MBA
President, AMCP Midwest Affiliate



Chicago Day of Education - Recap

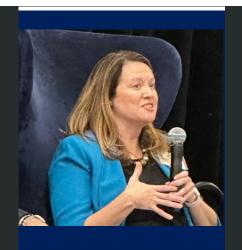
Health Equity and Industry Disruption Bookend Chicago Event Over 300 industry professionals attended our Chicago Day of Education to understand what trends are keeping Health Plan, PBM pharmacy directors, and industry leaders up at night.

WHY IT MATTERS:

- One of two events annually that the Midwest AMCP Affiliate provides to our members for local pharmacist continuing education. (The other is in Detroit)
- Over 5 hours of live CE are provided for pharmacists and technicians.
- Speakers are some of the top local and national leaders from Health Plans, PBMs and Employers with relevant information and experience to share with the attendees.

THE BIG PICTURE:

The 14th Annual Day of Education at the RadissonBlu Aqua on November 18th was a roaring success. Feedback has been tremendously positive for the speakers and content, as well as the networking opportunities.



Nicole Lowery – Director, Population Health Strategy, Humana



Sumit Dutta, MD, MBA – SVP and Chief Medical Officer, OptumRx



Pramod John, PhD – CEO, Vivio Health

Highlights included:

- AMCP CEO Susan Cantrell kicked off the day with an exciting presentation of upcoming events (and a little push for PIE The Preapproval Information Exchange Act)
- Creating a Culture of Equity, and making the invisible visible were two points from the panel discussion regarding Managed Care and Social Determinants of Health featuring Nicole Lowery (Humana), Sumit Dutta, MD (Optum Rx) and Corey Coleman (OptumRx)
- A new requirement for continuing education in Implicit Bias (Michigan, Illinois) was fulfilled with the session from University of Michigan professor Beatriz Mitryzk, PharmD, BCPS, BCACP
- Just a few days after the midterms, Jennifer Mathieu (AMCP), Lisa Le Gette, R.Ph., MBA (Cigna), and Don Nelson (Magellan Health) provided their updates on State and Federal legislative and regulatory changes affecting health plans, PBMs, and Pharma.
- Back by popular demand, Bill Dreitlein, PharmD (OptumRx) provided his concise and informative update on the pipeline trends affecting the market.
- With Industry Disruption all the rage, closing out the event to describe that disruption were Cheryl Larson (Midwest Business Group on Health), Scott Biggs (IQVIA), and Pramod John, PHD (Vivio Health)

THE BOTTOM LINE:

If you missed it (and we missed you!), you will have a chance in 2023 to do it again. Be on the lookout this spring to save the date and sponsorship opportunities for Detroit and Chicago.



(Left to right: Christina Barrington, Deb Curry, Susan Cantrell, Mitzi Wasik)



Past Scholarship Winners' Spotlight

Alex Spanenberg is a 3rd year professional student pharmacist pursuing both a PharmD and MBA at Butler University in Indianapolis, IN. He currently serves as the Butler AMCP Chapter President and is a voting member of the board of directors of the Indiana Pharmacy Association as President of the association's student pharmacists academy. Alex is also a 2-time corporate intern with CVS Health and is currently working part-time at CVS Corporate as Lead Intern, supporting the patient innovation & specialty product development team at CVS Specialty.

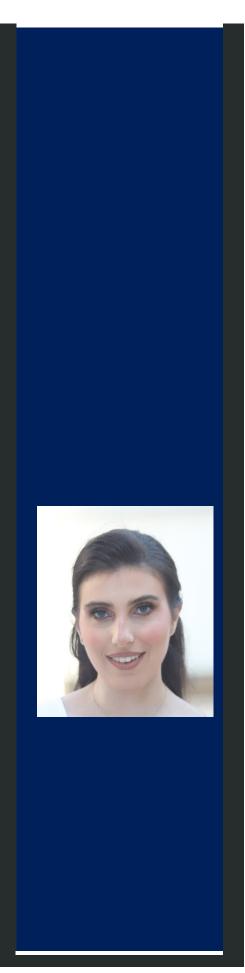
"The Midwest AMCP Affiliate scholarship helped me attend the AMCP 2022 annual meeting, in which I was able to (1) learn more about managed care areas I was interested in through CE sessions, (2) network with managed care professionals in various areas of the business, and (3) make connections with local managed care professionals in my geographic area.

To all student pharmacists: I highly encourage you to apply for the Midwest AMCP Affiliate student scholarship because it opens your eyes to the potential of the large role you could play to optimize patient care once you're finished with school. Get involved with your school's AMCP Chapter and apply for nontraditional summer intern roles to gain perspective and insight in managed care. Lastly, don't be afraid to step out of your comfort zone and take risks – it will help you grow tremendously, and you'll thank yourself later!"

Alex

AMCP Student Spotlight - Ashley Nemith

My name is **Ashley Nemith**, and I am a third-year pharmacy student at Ferris State University in Grand Rapids, Michigan. I graduated from Grand Valley State University in 2020 with my bachelor's degree in Biomedical Science. I began my healthcare journey as a certified nurse aid on a skilled nursing floor, where my passion for the Medicare population began. I also worked in a retail pharmacy and at a specialty pharmacy before starting my current role in managed care.



I became a member of AMCP in May 2022 after starting an internship with the pharmacy department at Priority Health, the third-largest provider-sponsored health plan in the United States. I was introduced to a new world of pharmacy within an integrated health plan. I was met with compassion by everyone I had the chance to interact with and I made connections with several pharmacists throughout my internship. I am on the Medicare Medication Adherence Team with incredible pharmacists who specialize in motivational interviewing. We leverage a variety of customized internal and external programs to improve Medicare STAR Ratings with our telephonic outreach and medication interventions. Our goal is to positively impact patient care by empowering patients through education to take ownership over their own health. It is humbling to speak to so many patients who are willing to share their lives with me and learn more about their medications.

Through my experiences navigating tough situations with complex patient cases, I have realized how much a health plan can help with connecting its members to the resources they need. Priority Health offers many unique applications and programs which can be utilized to improve not only the quality of care we offer, but also the number of patients we are able to reach and impact.

AMCP Student Spotlight - Dana Hossami

Covid-19 impacted our lives and changed our definition of "normal." The pandemic affected hospital systems, social lives, work, and student education including extracurricular activities. At the time the pandemic began, I had been working on research to develop a drug for Alzheimer's disease. However, since this research was primarily based in a laboratory environment, it was paused indefinitely.

As a second-year pharmacy student, I was looking for other research opportunities, so I reached out to multiple faculty members. Dr. Ding was interested in starting a pharmacoeconomic and outcomes research project. The research evaluated the total medical and out-of-pocket expenditure of biologic disease-modifying antirheumatic drugs (DMARDs) in patients with rheumatoid arthritis (RA) using 2016-2018 data from the Medical Expenditure Panel Survey (MEPS), a nationally representative sample of households in the United States. We identified 1,758 adults with 10,434 RA-related events with at least one visit to a healthcare provider between 2016 and 2018. The arthritis-attributable medical expenditures among patients prescribed with



DMARDs were estimated at \$136.6 billion (95% Confidence Interval: \$81.8–\$191.4 billion). I presented this research at the International Society for Pharmacoeconomics and Outcomes Research (ISPOR) conference in May 2021 and it was published August 2022. ISPOR is an organization that offers research opportunities to students along with the chance to network and learn with other ISPOR members all over the world. Believing that Ferris State University students would benefit from these opportunities, I presented ISPOR to the College of Pharmacy Dean and applied as the founding president of the student chapter. We were accepted a few months later and more than 100 students became members of the ISPOR Ferris State University student chapter.

My experience with pharmacoeconomic and outcomes research has been one of my pharmacy school highlights. I encourage all students to check the available research opportunities at their universities, reach out to faculty, and pursue topics they are interested in.

Student Chapter Spotlight – University of Michigan

The AMCP student chapter at the University of Michigan College of Pharmacy is thrilled to share our 2022 highlights!

In March, our chapter's local pharmacy and therapeutics (P&T) Competition winners – Brandon Guo, Katelyn Meyer, and Natalya Salganik – represented U of M on the national stage at the AMCP Annual Meeting in Chicago, taking 1st place!

In October, the Midwest AMCP Affiliate awarded our President Katelyn Meyer with a scholarship to attend AMCP Nexus 2022 in National Harbor, MD. This afforded both her, and our Vice President Thomas Senneff, the opportunity to grow their managed care knowledge base and network with managed care and industry professionals.

We kicked off a very active fall semester by hosting a summer internship panel in conjunction with Industry Pharmacists Organization (IPhO). We successfully recruited our P&T Competition teams and completed our P&T Competition Lecture Series. In November, to support our chapter goal of promoting health equity and access to care, we were honored to have Dr. Tam Phan speak with our members regarding the role pharmacists play in advocating and



caring for transgender patients. We were joined by more than 40 AMCP student members from Rutgers, Purdue, UNC, and Minnesota!

Fall 2022 Events:

- Summer Internship Panel with IPhO
- Introduction to Evidence Based Medicine Principles
- Introduction to Pharmacoeconomics
- Role of Pharmacists in Caring & Advocating for Transgender Patients with Dr. Tam Phan
- Panelists on the AMCP SPC Committee "Tips and Tricks" P&T Competition Webinar

Spring 2023 Upcoming Events:

- Local P&T Competition
- Annual Etiquette Dinner with PDC
- Managed Care Pharmacist Panel
- Annual Residency and Fellowship Panel

Congratulations to our very own AMCP President-Elect, Christina Barrington!





Where to find us: https://www.amcp.org /midwest-amcp

How to reach us: midwestamcp@gmail.com

AMCP Midwest offered student scholarships again to help students attend the AMCP Annual Meeting in San Antonio, TX from March 21st-24th, 2023. Stay tuned to our website for winner announcements!

Upcoming events:

AMCP Annual Meeting
- March 21-24, 2023, in
San Antonio, Tx
Click HERE for details!

AMCP Nexus - October 16-19, 2023, in Orlando, FL Click <u>HERE</u> for details!

AMCP Midwest Leadership Team Firoy Koch President Casey Lucas President-Elect Jason Sarber Treasurer Amina Bensami Secretary Joy Wahawisan Education Co-Chair Fundraising Co-Chair Andy Erickson Social Co-Chair Joe Ward Social Co-Chair Manjula Jayabalan Immediate Past President Manjula Jayabalan President President Manjula Jayabalan President President Manjula Jayabalan President President

