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### Evolving Models to Support the Expanding Role of the Pharmacist

AMCP Webinar



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This content contains general information only, and we are not rendering professional advice or services. Before making any decision or taking any action that might affect your finances or business, you should consult a qualified professional advisor. **4.6%** Reduction in total PMPM in Wellmark Blue Cross and Blue Shield pilot



**2.1** average reduction in A1c by pharmacist led care at Geisinger

# **35X per Year**

patients visit a pharmacy (Pharmacy Check-Up survey 2019)

### **80%** gaps closed at Thrifty White for cases sent to them

**100%** BEHAVIORAL HEALTH ADHERENCE...within 6 months by CPESN 95% of US lives within

5 Miles

of a pharmacy





Documented lower hospitalizations and ER visits by Enhanced Medication Services (EMS) company Gaps-in-care that community pharmacies intervene on per year with Tabula Rasa

**5**M





13%

Reduction of PMPM spend for Diabetics at Geisinger



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A soon to be realized future should be envisioned where pharmacists are embedded in primary care settings as **PCPPs**. Having a pharmacist involved at the point-of-prescribing (i.e., in clinics) provides tremendous benefits to providers and patients alike including appropriate medication selection, adherence to therapeutic guidelines, conformance with prescription formularies, and soon, precision medicine realized through pharmacogenomics.

Source: <u>Concept for Embedded Primary Care Pharmacist Practitioners (PCPPs): A Disruptive Value-Proposition</u> by George E. MacKinnon III, Founding Dean and Professor at MCW School of Pharmacy



### **REALIZED VALUE**

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Reduction in Adverse Drug-Related Events Improved Clinical Outcomes



Enhanced Medication Adherence



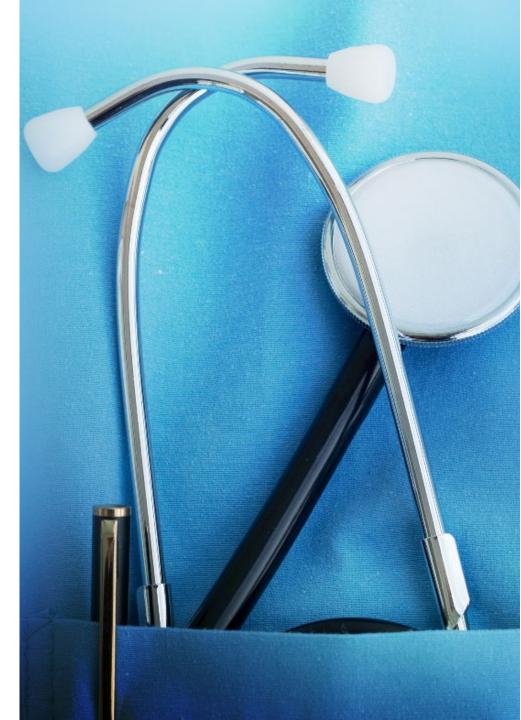
Higher CMS Stars Ratings



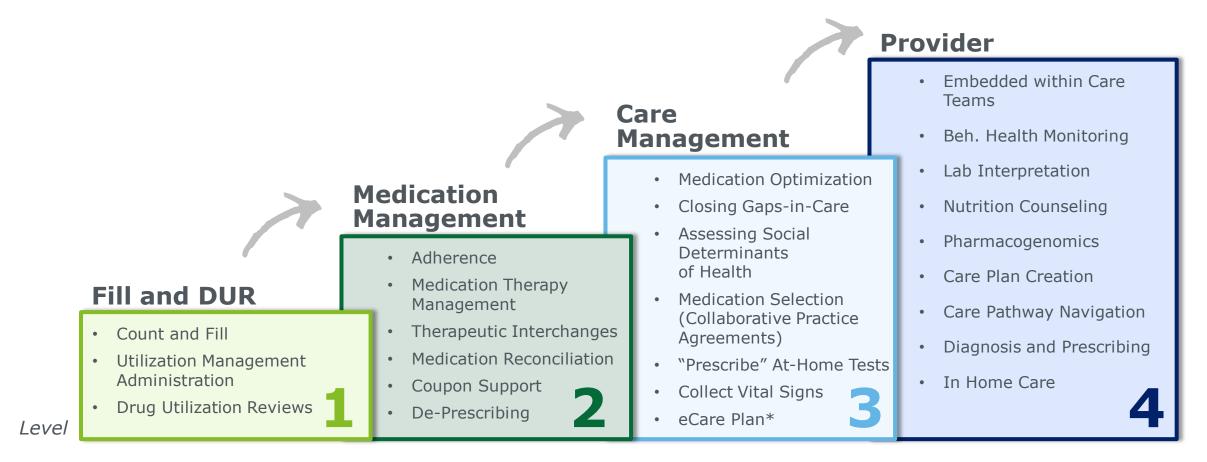
Greater Physician and Patient Satisfaction

### Reduction in Inappropriate Healthcare Utilization (e.g., ER Visits, Hospitalizations)

Source: <u>Concept for Embedded Primary Care Pharmacist Practitioners (PCPPs): A Disruptive Value-Proposition</u> by George E. MacKinnon III, Founding Dean and Professor at MCW School of Pharmacy



### **Elevating The Pharmacist's Care Responsibilities**



\* Pharmacist eCare Plan is an interoperability standard. More information at https://www.ecareplaninitiative.com/

### **Diversified Roles For Future Pharmacists**

Future pharmacists may need to specialize...

### DIGITAL

Help patients and providers to select, implement, and manage digital therapeutics and non-drug solutions (e.g., food) that will meet their needs

### MEDICAL

Specialize in the treatment and management of complex diseases and poly-chronic patients with a deep understanding of genetics

### BEHAVIORAL

Focus on mental health and necessary behavioral changes needed to stay compliant and address Social Determinants of Health (SDoH)

#### ...to meet patients where they are





In the Community

Source: Deloitte Future of Pharmacy and Deloitte Blog: COVID-19 May Have Accelerated Changes For Retail Pharmacies and Pharmacists

# "There are over 100 career paths for pharmacists."

Dean Lamar Pritchard University of Houston, College of Pharmacy



### **Historical Barriers And Drivers Of Change**



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### Regulatory

COVID has accelerated the federal adoption of pharmacists as providers

### **Operations**

Pharmacists are shifting to provide care virtually and beyond the counter

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### Technology

Changes in technological capabilities are removing manual work and freeing pharmacists to provide patient care



### **Economic Model**

Reimbursement models are shifting to recognize and reward pharmacists for their role in the care team

### **Regulatory Changes Are Enabling An Expanded Role**

State Regulations		Federal Regulations	
47	States have authorized pharmacists as Providers	2	Federal Bills (one in the House and one in the Senate) to give pharmacists Provider Status to bill Medicare Part B services as states allow
13	States allow pharmacists to prescribe medications	80%	Pharmacist reimbursement rate compared to physician/nurse reimbursement at Federal level
10	States implemented pharmacist clinical services billing to Medicaid	120	<b>CLIA-waived diagnostic tests</b> like the COVID diagnostic test available for pharmacists
5	States allow billing Fee for Service across all payer segments		
193	Medications that pharmacists can prescribe in aggregate across all states	Ϋ́	Pharmacists at VA Hospitals have had provider status for decades with proven value

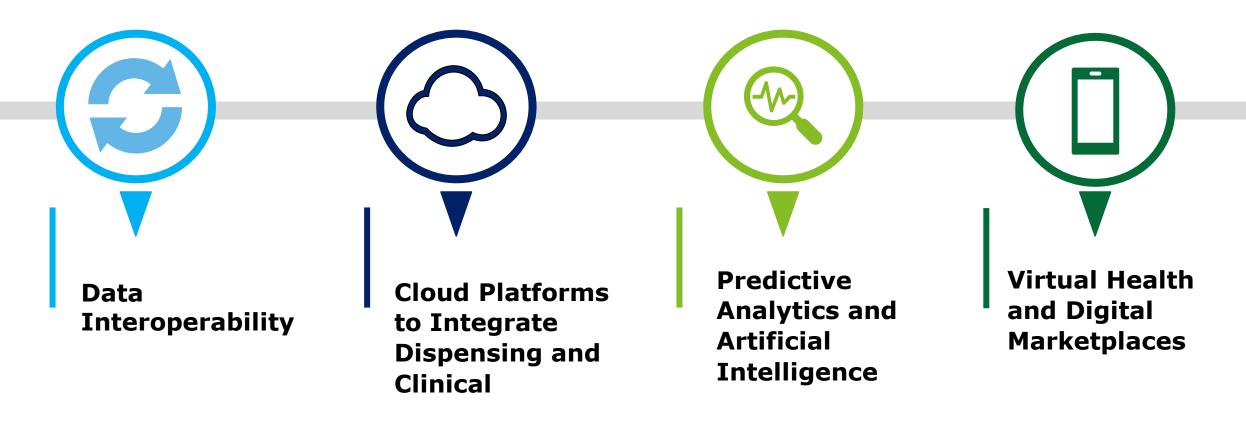
# **Operational Changes Are Freeing Up Time**

Order Entry	Patient registration, insurance capture, and new script entry	<ul> <li>Digital pre-registration</li> <li>Insurance card image upload and process automation</li> <li>Workload balancing and virtual oversight</li> </ul>
Prior Authorization	Pharmacists and pharmacy techs on the phones	<ul> <li>Electronic Prior Authorizations (ePA)</li> <li>EMR benefit check options</li> <li>Artificial intelligence (AI)</li> </ul>
Script Fulfillment	Manual fulfillment with robotics reserved for the highest volume pharmacies	<ul> <li>Central fill 2.0 with predictive refills</li> <li>Robotics for pharmacies filling &gt;700/week</li> </ul>
Point of Sale	Long lines at peak times of day (e.g., lunch time and dinner time) and days of the week and month	<ul><li>Digital pharmacies and home delivery (not just mail)</li><li>Script synchronization</li></ul>
Inventory Management	Basic inventory tracking and manual spot checks	<ul> <li>Smart inventory systems using predictive algorithms to detect anomalies</li> </ul>
Reverse Distribution	Manual inventory check for recalls and returns	<ul> <li>Smart inventory lockers that reduce reverse waste</li> </ul>
Warehouse Replenishment	Manual time putting inventory away	<ul> <li>Smart Lockers use efficient, random locations per bottle and LEDs to find them</li> </ul>

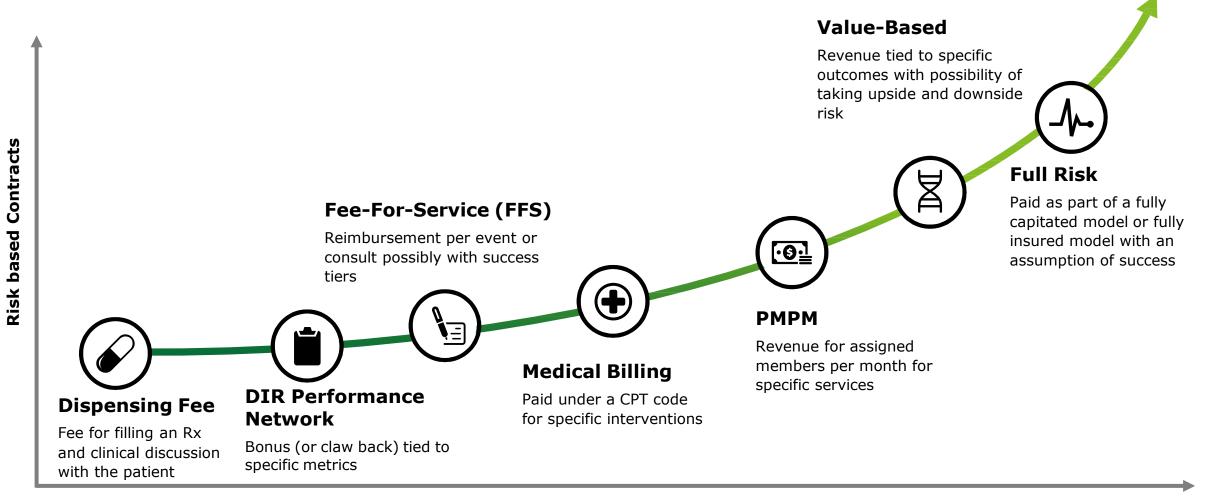
#### **Historical Barriers**

Examples of Changes

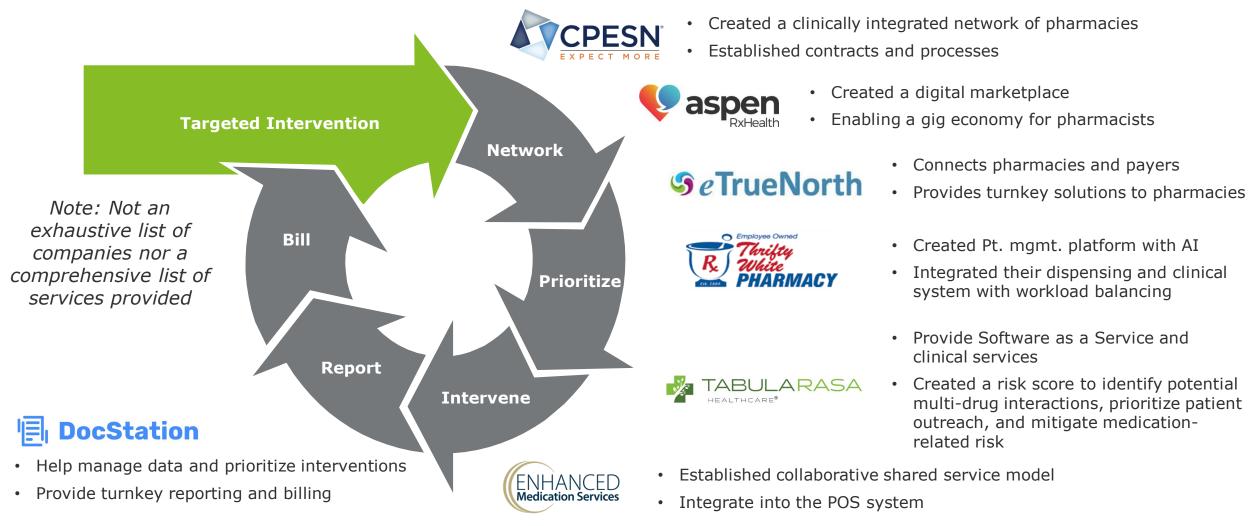
### **Technology Changes Enable Interventions**



# **Economic Models Are Rapidly Evolving**



# **Multiple Companies Are Enabling This Ecosystem**



### **Payers Are Embracing Pharmacists**



- Medicare Advantage plan in North Carolina using CPESN
- Leverages pharmacists for annual wellness visits, addressing gaps-in-care, and helping them apply for LIS, SDOH programs and Medicaid
- Pays pharmacists \$30-50 PMPM for care management

# Geisinger

- Have embedded pharmacists focused on disease management (diabetes, COPD, hyperlipidemia, hypertension) and comprehensive medication management in their senior focused care sites (<u>65</u> <u>Forward</u>)
- For diabetes and HepC, follow-up care (post Dx) is done by a pharmacist leading to improved clinical outcomes (e.g., 2 pt reduction in A1c and 13% reduction in PMPM for diabetes)

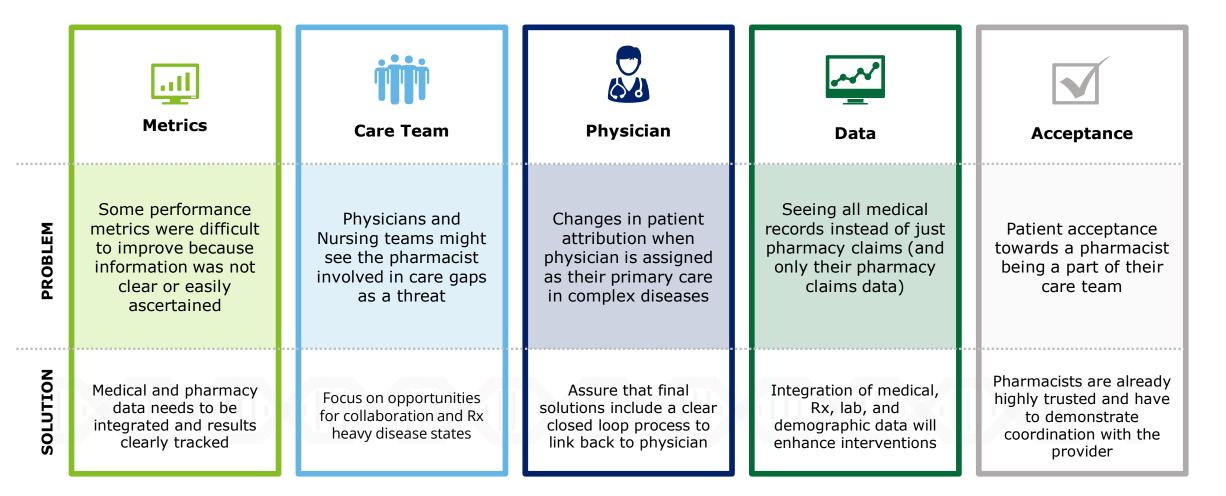


- Take a patient centric (not Rx or disease) focus on who to target and how to intervene using over 1,500 clinical pharmacists
- Leverage their integrated model to create insights based on medical, pharmacy, lab, and SDOH data to personalize interventions
- Developed centralized services, technology, and digital services to free up pharmacist time at POS

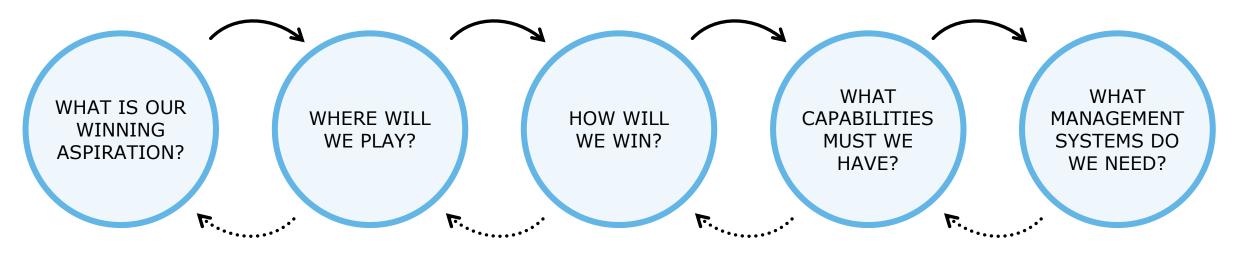


- BCBS plan in Iowa and South Dakota that conducted a pilot with community pharmacies around enhanced services
- Saw a 4.6% reduction in PMPM costs based on real-world outcomes relative to total cost of care (stabilizing at 3% post pilot)
- Directly contract with pharmacies and reimburse them on PMPM basis for attributed members linked to performance

### **Lessons Learned**



### It's critical to choose where to play and how to win



- 1. What **metrics** do you want to impact?
- 2. What is the **segment** of your population that you're struggling to engage?
- 3. Which **conditions** should you focus on?
- 4. Do you need a network, a software solution, or a turnkey **approach**?
- 5. How do you want to **pay** for the program?
- 6. How much **data and insights** can you provide?
- 7. Should you **integrate** this into your standard offering?

# Pharmacists can be the next generation of primary care providers

#### ACKNOWLEDGEMENTS

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#### **Seth Gazes**

System Director, Pharmacy Geisinger Health System

# Additional Relevant Articles And Studies

- Pharmacy in 2021: Trends to Transform an Evolving Profession
- Embedded Pharmacists Primary Care Model
- Assessing Trends in Enhanced Services and Medication Support with Value-Based Payment Models in Medicaid
- Impact of Pharmacist Interventions to Close Care Gaps for Patients with Diabetes
- Impact of a pharmacist-led diabetes management on outcomes, utilization, and cost
- <u>A Sleeping Giant: Community Pharmacy's Potential Is Unrivaled</u>
- PQA: Value-Based Pharmacy Program: Building a Medical Neighborhood Through Partnership
- <u>Care At The Counter: Technology And Policy Are Empowering Pharmacists</u>
- Pharmacy Check-up Survey 2019
- <u>Pharmacist Burnout: A Cry for a Transformative Approach to Traditional Pharmacy Practice</u>

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### Thank you!

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