

December 2020

In This Issue

- President's Message
- 2021-22 Board Elections
- Student Viewpoint - Mentor Program
- Virtual Managed Care Day & Residency Roundtable
- Student Chapter Spotlight
- National AMCP Spotlight

Contact Us

NorthwestAMCP@gmail.com

For more information

<http://www.amcp.org/Northwest/>

Join our LinkedIn Page

<https://www.linkedin.com/groups/7070568>

Words from Our President



Greetings NW AMCP Chapter Members,

2021 is finally upon us. We look forward to new beginnings and an opportunity to reset. This past year has challenged us to change, innovate, and grow and I am excited for the chance to hit the ground running in the New Year. Our Board has planned some wonderful and exciting educational sessions that are not to be missed.

We also are hoping to pair these sessions with fun, virtual social events to make up for not being able to see you all for most of 2020. Keep an eye on out for the forthcoming details as we would love to have you in attendance. Our mentorship program has also seen incredible growth and engagement. In this time of isolation, strong mentoring relationships have been incredibly valuable and rewarding as we aim to give back to our managed care community. Please consider joining the ranks of our mentorship program if you have not already. Lastly, I want to give thanks to all of our membership for their continued support and enthusiasm. Your engagement and participation are what makes our chapter so successful and I want to extend my heartfelt appreciation.

Armen

Interested in Joining the NW Board?

Call for Nominations is opening soon! Stay tuned for more details on the application process and elections coming in January.

The NW AMCP Affiliate is looking for the best individuals to join our Board of Directors to ensure we continue to be the leading membership association providing professional collaboration across the Managed Care Pharmacy continuum within the region we serve (WA, OR, ID, MT, AK and HI).

Applications or nominations will be open for the following positions: President Elect, Secretary/Treasurer Elect, Program and Education Coordinators, Membership Engagement & Communications Coordinator, and Social Chair.

To learn more, contact us: NorthwestAMCP@gmail.com

Virtual Managed Care Day & Residency Roundtable Events

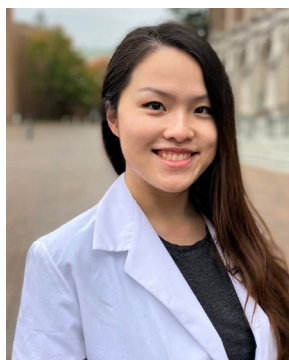
The Northwest AMCP recently hosted 2 successful virtual events. The first event, virtual **Managed Care Day** featured presentations from local Washington state managed care organizations such as, Community Health Plan of Washington, Regence Blue Cross Blue Shield and Premiera Blue Cross, the presenters introduced attendees to the concepts of quality improvement, Medicaid, Formulary Management and Utilization Management. In their presentations, they also highlighted current challenges in healthcare and the value of managed care. This event also included a roundtable with pharmacists who have previously completed a managed care pharmacy residency. The panelists shared their residency and career experiences with the attendees, highlighted the value of their managed care training and how this has helped them succeed in their current roles.

The second and most recent event was a virtual **Managed Care Residency Roundtable** which introduced attendees to the competitive managed care residency programs offered in the Pacific Northwest. The current PGY1 Managed Care Residents from Kaiser Washington, Moda Health, PacificSource Health Plans, Premiera Blue Cross and Providence Health Plan gave attendees an overview of their respective programs, answered various questions submitted by the attendees and provided helpful advice on how to become a successful managed care residency applicant.

The recordings for these events are now available on the Northwest AMCP webpage: <https://www.amcp.org/northwest-amcp>

We would like to thank the attendees, panelists and presenters from these events! We also look forward to hosting our next managed care day in the Spring of 2021, which will feature organizations from the state of Oregon!

Student Viewpoint - Mentor Program



Ellen Y.L. Huang - Mentee
PharmD Candidate, Class of 2022
University of Washington School
of Pharmacy



Bridget Hernandez, PharmD. – Mentor
Sr. Associate Director, Account
Medical Advisor
Boehringer Ingelheim

I reached out to Bridget Hernandez because I saw in the mentor description that her professional journey is very similar to my current professional goals. When I got the opportunity to meet Bridget on video chat, I realized that I had met her in person two years ago during NW AMCP Managed Care Day at Portland (back when we can all meet in person, what a small world!) Bridget was very attentive when I was telling her my career goals and the areas I wanted to improve on (she was taking notes!). When she was talking about her own experience, she very considerately tailored it to my experiences and goals. We specifically focused our discussion on the importance of having a growth mindset and leveraging current opportunities/relationships (e.g. seeking out new opportunities and projects at my current internship) to grow skills and experience. Bridget was very supportive, very open to questions, and giving advice. She allows me to set the agenda during meetings so that I could get the most out of the relationship. I would like to thank Bridget and NW AMCP for this incredible mentor/mentee relationship opportunity.

Find out more about how to participate in the NW AMCP Student Mentorship program at: <https://www.amcp.org/northwest-amcp> or contact us at: NorthwestAMCP@gmail.com

Student Chapter Spotlight



2020 Local P&T Competition (Hillsboro, Oregon)

The Pacific University AMCP Chapter

While these times are a struggle for all, we have been trying to maintain engagement and community with our classmates. Pacific University School of Pharmacy has transitioned to a fully virtual environment and we have been implementing our AMCP chapter activities accordingly. Although the virtual environment has created some barriers, we have been able to transition most events seamlessly onto a virtual platform and it has allowed increased flexibility for both the students and our presenters.

Our chapter goals this year include increasing member engagement and creating a sense of community. We have been maintaining a monthly journal club, informational speaker series, and plan to host a fundraising event.

Chapter Activities

Our chapter is excited to host our fourth annual local **P&T competition** event, and we are in the process at looking into incorporating the competition into an elective course to increase student involvement and foster further growth in the area of managed care pharmacy.

In preparation for the P&T competition, our chapter has organized a P&T informational meeting to bring awareness and gauge the level interest from students. Students were also given advice in regard to communication within the team and resources that will be useful in preparing to compete in our local P&T Competition this year. Despite the limitations of COVID-19 our chapter is still planning on implementing the P&T competition similar to prior years with the exception that it will take place virtually.

1. Our **virtual speaker series** offer an opportunity for students of all interests to look at the many career paths in managed care and to get advice on networking and professional development. The events give personalized experiences and provide perspective into the life of a managed care pharmacist. Our chapter is actively seeking out more speakers to provide members maximum exposure to the unique career pathways that managed care offers.
2. Traditionally, our chapter hosts a **journal club** each month with topics that align with our current curriculum. This year, we have continued the tradition through a virtual environment. In our first journal club we explored the effectiveness of rivaroxaban as a post-discharge prophylaxis for major thromboembolic events. We also implemented a special journal club presentation that presented this year's P&T competition drug through a journal club. The ability to review literature and create informative and succinct presentations are essential skills in APPE rotations and beyond and look forward to more student engagement throughout the year.
3. Other ways our chapter members have been involved include attending the virtual AMCP Nexus 2020 event, Managed Care Day, participating in the AMCP Mentor-Mentee program, and we are looking forward to attending an AMCP NW managed care residency roundtable very soon.

While circumstance this year are not ideal for student organizations to be involved, network and gain valuable experiences outside of didactic material, our AMCP student chapter is not deterred and will continue to look for opportunities to expose our peers to the world of managed care pharmacy.

Heather Beugli and Jessica Tang

Pacific University School of Pharmacy Class of 2022

National AMCP Spotlight

AMCP Foundation is Now Accepting 2021 Summer Internship Applications

Are you or someone you know looking for a summer internship opportunity? AMCP Foundation is now seeking applicants for the following programs:

- AMCP Foundation/AbbVie, Inc. Specialized Summer Internship Program in Health Outcomes
- AMCP Foundation/Genentech, Inc. Evidence for Access Summer Internship Program
- AMCP Foundation/Pfizer, Inc. Managed Care Summer Internship Program
- AMCP Foundation/Pfizer, Inc. Oncology Summer Internship Program
- AMCP Foundation Managed Care Research and Nonprofit Leadership Program



Our internship programs offer student pharmacists an enriching opportunity to explore career options in managed care through exposure to the pharmaceutical industry, health plans, pharmacy benefit management companies, employer sites, and non-profit organizations.

[Learn more](#) and [apply online](#) by January 15, 2021.

Happy Holidays and New Year!

Maggi Olmon

Michelle Balmelli-Bice

Newsletter Editors:

NW AMCP Communications & Membership Engagement

Contact Us

NorthwestAMCP@gmail.com

For more information

<http://www.amcp.org/Northwest/>

Join our LinkedIn Page

<https://www.linkedin.com/groups/7070568>