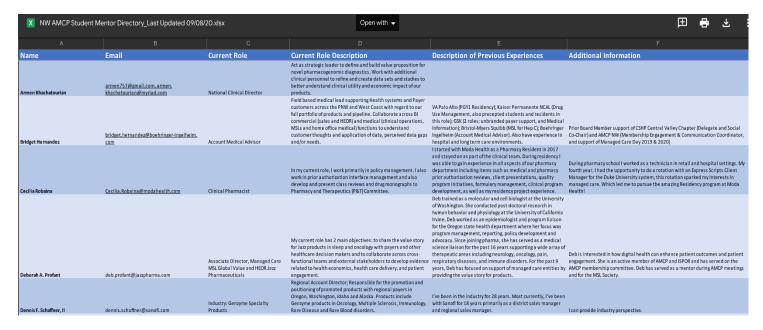
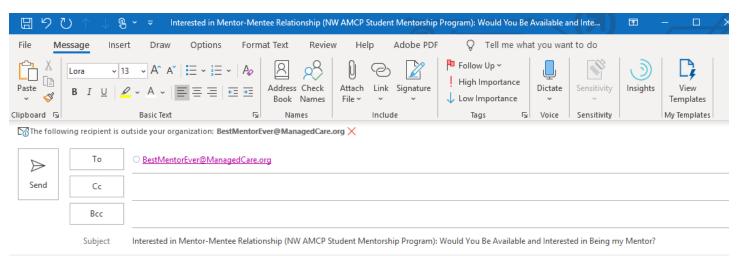


How to Gain a Mentor: Step-by-Step Guide

Step 1: Review the mentors available in the Northwest AMCP Student Mentor Directory



Step 2: Email a mentor who you would be interested in developing a mentor-mentee relationship with



Hi Best Mentor Ever,

My name is Best Student Ever and I am a current pharmacy student at Best Pharmacy School Ever in the Pacific Northwest. I am interested in learning more about non-traditional roles for pharmacists and I was wondering, would you be willing and able to be my mentor?

Thank you! Best Student Ever



Step 3: Fill out the <u>NW AMCP Mentor-Mentee Agreement</u> with your new mentor and send a completed copy to <u>NorthwestAMCP@gmail.com</u>.

NW AMCP MENTOR-MENTEE AGREEMENT

The following agreement is made between __Best Student Ever__ and __Best Mentor Ever_. We are voluntarily entering into this mentoring relationship which we both want to be a productive and rewarding experience. To minimize the possibility of confusion, we have agreed to the following:

- Meeting at least once a quarter virtually or in-person
- Mentor-mentee relationship will end 12 months from the date this mentor-mentee agreement is signed unless the mentor AND mentee choose to renew the relationship or end the relationship earlier than stated in this agreement. If the relationship is renewed, the mentee will submit a new Mentor-Mentee Agreement to NorthwestAMCP@gmail.com
- Mentee is responsible for scheduling mentor-mentee meetings and preparing each meeting agenda
- When the mentor-mentee relationship ends, the mentee will email <u>NorthwestAMCP@gmail.com</u> to notify them of the end of the relationship

Confidentiality

All information and content shared between the Mentor and Mentee shall be confidential unless express permission is given.

Meetings

The Mentee and Mentor will meet and talk at least __once every 3 months__ and at a place that is mutually agreed upon. Meeting times, once agreed, should not be cancelled unless this is unavoidable. Meetings that are cancelled should be rescheduled.

Please submit the completed Mentor-Mentee Agreement to the NW AMCP Board at NorthwestAMCP@gmail.com