

## **P&T Shadowing University at Buffalo**

### **Project Description & Implementation Overview**

The Pharmacy & Therapeutics (P&T) Committee Shadowing program allows AMCP chapter members to attend and shadow actual P&T committees at local health plans and hospitals in Buffalo, NY. Typically, two AMCP members attend each meeting, which usually occurs in the evening for 2-3 hours. The chapter secured two managed care sites and two hospital sites, and is continuing outreach efforts.

To implement the program, the Chapter President, Vice President, and Student Diplomat wrote a proposal for the P&T Shadowing program, approved by the faculty advisor, to email to various organizations during outreach efforts. AMCP members signed up via email.

### **Purpose of the Project**

The goal of the P&T Committee Shadowing program is to complement classroom teaching about P&T Committees and directly expose student pharmacists to their responsibilities and tasks, including formulary development, budgeting, and policy-making in both hospital and managed care organizations. The goal is to offer the opportunity for student pharmacists to learn first-hand from decision makers and leaders in the area.

This program will help student pharmacists develop a foundational understanding of the roles and opportunities for pharmacists in P&T Committees in various practice settings. It will also give valuable insights to student pharmacists interested in competing in the AMCP National P&T Competition or who may have P&T Committee experiences during APPEs and/or residencies.

### **Project Budget: Expenses and Revenues**

There are no expenses/revenues from this program.

### **Who and How Many Chapter Members are Involved?**

The idea originated from a Student Diplomat, who is responsible for outreach efforts with the local managed care organizations. The Student Diplomat, President and Vice President were involved with the written proposal, promotion, and outreach efforts. The Secretary emailed chapter members to inform them of the event and sign up instructions. Details provided included site specific information, directions and confidentiality agreements.

## **Who Should be Targeted? Audience or Involvement? How Do You Find Them? How Do You Contact?**

AMCP student pharmacist members were eligible to attend the event. P1, P2, & P3 class years were targeted.

Health plan and hospital outreach was done via email, using contacts the chapter has with local managed care and hospital pharmacists. Since there are a limited number of health plans in Buffalo, we expanded the program to include local hospitals as well to provide more opportunity for student pharmacists.

## **What Materials are Needed? Outside Resources, Ordering, etc?**

Required materials are site specific and usually include a signed confidentiality agreement. Some sites provided refreshments for student pharmacists and printed extra copies of the P&T meeting agenda. Student pharmacists were responsible for their own transportation to the site.

*Student pharmacists who wanted to receive non-core Introductory Pharmacy Practice Experience (IPPE) credit hours, must follow the school's specific IPPE procedure.*

## **Timeline for Implementation and Execution**

- Prior semester (2-3 months out) – E-board approves proposal for P&T Shadowings
- Beginning of Semester (1-2 months out) implementation begins: Draft program proposal/summary description and have faculty advisor approve proposal. Send proposal to IPPE coordinator to have it approved for non-core IPPE credit hours. Begin outreach to local health plans/hospitals.
- Semester (program implementation) – Continue health plan/hospital outreach, finalize P&T meeting date, time, location, number of student pharmacists who may attend, and required documents for the site. Promote event to AMCP members via email, meetings, and Facebook. Arrange sign up. Notify student pharmacists about important requirements for the site. AMCP members attend and shadow P&T meeting.

## **Follow-up with Faculty Members/Volunteers/Participants**

E-board members involved with the program preparation, President, Vice President, Student Diplomat, followed up with student pharmacists who attended to gauge the attendee's satisfaction with the experience and learn how to improve the program. Thank you emails will be sent to organizations at the end of the semester.

## Project Evaluation:

### What Went Well? What Didn't? How Would You Improve for the Next Year?

#### What went well?

Student pharmacists were interested in attending both managed care organizations and hospital P&T committees for perspective. Student pharmacists who were interested in the P&T competition were very interested in this program to gain some real-world experience to better approach the competition.

#### What didn't work?

Some health plans declined the proposal due to legal, confidentiality and privacy reasons. Proposal was deferred for a year so the legal group could review.

#### How you would improve for the next year?

This program was originally planned for the spring semester, but it should be held year round due to the infrequent number of P&T meetings throughout the year.

### Timeline/Checklist for Project:

<b>Date</b>	<b>Activity</b>	<b>Responsible Party</b>
<b>2- 3 months out</b>	Write program description/proposal	President, VP, Student Diplomat
<b>1-2 months out</b>	Faculty advisor/IPPE coordinator reviews proposal	AMCP Faculty Member, School IPPE coordinator
<b>1-2 months out</b>	Email outreach/send proposal to P&T committee members/contacts at health plans/hospitals	Student Diplomat
<b>0-1 month out</b>	Confirm P&T meeting dates	Student Diplomat
<b>0 months out</b>	Advertise P&T program to AMCP members. Begin sign ups	Secretary
<b>0 months out</b>	Notify students attending on site specific information for P&T meeting	Secretary/Student Diplomat