# Managed Care Pharmacy Career Paths for Student Pharmacists

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# Objectives

- Map Out Your Career through Pharmacy School
- Identify Managed Care Career Opportunities and Identify Careers that Align with Your Interests
- Understand how to get the Most Out of AMCP as a Student Pharmacist



# **Mapping Your Career**

### P1-P3: Three Year Pharm.D. Programs:

- P1
  - · Identify opportunities to fill in the experience gaps
  - · Explore leadership positions in student organizations
  - · Consider dual Pharm.D./MBA program offerings
  - Keep your CV up-to-date on a regular basis
  - Maintain a professional & updated LinkedIn profile
- P2:
  - · Seek leadership opportunities in local and national student organizations
  - Pursue Introductory Pharmacy Practice Experiences (IPPEs) in areas where you may have interests (i.e. PBM, health plans, consulting, etc.)
  - Seek internships or paid positions (i.e. internships concurrent with school schedule, seek elective credit for 'independent study')
  - · Update CV and begin creating cover letter topics for residency, fellowship, job applications
  - Review Advanced Pharmacy Practice Experience (APPE) options for managed care rotations and submit
    applications if applicable
  - · Discuss recommendation letters with possible writers
- P3
  - · Attend AMCP NEXUS and residency showcase
  - Attend ASHP Mid-Year meeting (PPS interviews, meet residency program directors)
  - · Complete residency, fellowship, and job applications in timely manner

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# **Mapping Your Career**

### P1-P4: Four Year Pharm.D. Programs:

- P1
  - Identify opportunities to fill in the experience gaps
  - Explore leadership positions in student organizations
  - Consider dual Pharm.D./MBA program offerings
  - Keep your CV up-to-date on a regular basis
  - Maintain a professional & updated LinkedIn profile
- P2:
  - Seek leadership opportunities in local and national student organizations
  - Pursue IPPEs in areas where you may have interests (i.e. PBM, health plans, consulting, etc.)
  - Seek internships or paid positions (i.e. internships concurrent with school schedule, seek elective credit for 'independent study')
- P3
  - Update CV and begin creating cover letter topics for residency, fellowship, job applications
  - Review & pursue APPE options for managed care rotations and submit applications if applicable
  - · Discuss recommendation letters for residency and fellowship applications with possible writers
- P4
  - Complete managed care rotations as early in the year as possible to provide discussion topics for interviews
  - Attend AMCP NEXUS and residency showcase
  - Attend ASHP Mid-Year meeting (PPS interviews, meet residency program directors)
  - Complete residency, fellowship, and job applications in timely manner
  - Do your homework when interviewing for programs → know what attracted you to the program



# **Mapping Your Career**

### Non-traditional path:

- · Practicing Pharmacist switching careers
  - Attend AMCP
    - Meet as many people as you can and have meaningful conversations
    - Go to New Practitioners/New Member events to meet others who may be in a similar career setting for tips and ideas
  - · Job shadow or talk to people you know about their positions
  - · Pursue a non-traditional residency or fellowship
    - Be prepared to discuss your motivation for changing paths
- · New Practitioner without residency training
  - Attend AMCP
    - Meet as many people as you can and have meaningful conversations
    - Go to New Practitioners/New Member events to meet others who may be in a similar career setting for tips and ideas
  - Job shadow or talk to people you know about their positions
  - Entry level is a foot in the door and not the only level

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### **Mapping Your Career**

#### **Resources:**

- » http://amcp.org/internships/
- » <a href="http://amcp.org/Residencies/">http://amcp.org/Residencies/</a>
- » Student Pharmacist's Guide to Managed Care Residency Programs (http://amcp.org/WorkArea/DownloadAsset.aspx?id=9567)
- » <a href="http://amcp.org/professional development/student pharmacists/">http://amcp.org/professional development/student pharmacists/</a>
  cists/role of pharmacists/
- » <a href="http://amcp.org/roadmap\_to\_career/">http://amcp.org/roadmap\_to\_career/</a>
- » LinkedIn: AMCP, Managed Care groups



# **Managed Care Opportunities**

- Key Employers of Managed Care Pharmacists:
  - Health Plans
    - · e.g. Aetna, Blue Cross Blue Shield, United Healthcare
  - Pharmacy Benefit Management (PBM)
    - e.g. CVS Caremark, Express Scripts, Prime Therapeutics
  - Pharmaceutical Industry
    - e.g. Johnson & Johnson, Novartis, Pfizer
  - Specialty Pharmacy Providers (SPP)
    - e.g. CVS Caremark Specialty, Optum Specialty, Walgreens Specialty

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### **Managed Care Opportunities**

### **Health Plans:**

- Function:
  - Administer medical and pharmacy benefits
- Roles of a Pharmacist:
  - Benefit development and administration
  - Medication Therapy Management (MTM)
  - Formulary management
  - Drug Utilization Review (DUR)
  - Disease management
  - Quality improvement
  - Drug information
  - Health Economic Outcomes Research



# **Managed Care Opportunities**

### **Pharmacy Benefit Management (PBM):**

- Function:
  - Develop, promote, maintain, and integrate pharmacy programs
    - Develop a retail pharmacy networks (payment, reporting, auditing)
    - · Supply decision support for prescribing and utilization
  - Administer all aspects of a provider's drug benefits
  - Operate mail service and specialty pharmacies
  - Contract with pharmaceutical manufacturers
- · Roles of a Pharmacist:
  - Formulary development and management
  - Rebate contracting
  - Sales
  - Disease management
  - Patient and health care provider education

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### **Managed Care Opportunities**

### **Pharmaceutical Industry:**

- Function:
  - -Product contracting & negotiations
  - -Understanding product value & positioning
  - -Discussions on formulary placement
  - -Education disease, product
  - -Development of treatment algorithms
  - -Pharmacoeconomic modeling and outcomes research programs
  - -AMCP Product dossiers

#### Roles of a Pharmacist:

- -Medical Information Services
- -Medical Science Liaison
- -Drug Safety
- -Regulatory Affairs
- -Health Economics and Outcomes Research
- -Sales Representatives
- -Marketing Managers
- -Managed Care Account Managers



# **Managed Care Opportunities**

### **Specialty Pharmacy Providers (SPP):**

- Function:
  - Provide clinical and distribution services to patients in the management of chronic, rare, or complex conditions
    - Specialty medications require tailored patient education to ensure safe and cost-effective use, patient-specific dosing, close patient monitoring, and/or special handling
  - Medication therapy management and adherence management
  - Education, support, and coordination of care
- · Roles of a Pharmacist:
  - Specialty Pharmacy distribution and dispensing
  - Perform DUR and other utilization management programs
  - Logistics/operations
  - Work flow, inventory, and personnel management
  - Develop prior authorization (PA) programs

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### AMCP as a Student Pharmacist

#### **Resources Provided to All Members:**

- Up-to-date pharmacy drug news
- Understanding of Health Care Policy –e.g. Affordable Health Care Act
- · Continuing education
- Networking

#### **Resources Specifically for Student Pharmacists:**

- Residency and Internship opportunities/showcase
- AMCP Student Pharmacist chapter connections
- Mentor/Career connections



# AMCP as a Student Pharmacist

### **Membership Benefits:**

- Discounted membership rates & meeting rates
- Participate in Student Pharmacist Committee/Chapters
- Attend and view student pharmacist webinars & recordings about current pharmacy issues
- Leadership opportunities within Student Pharmacist chapters
- Residency showcase with over 30 resident/fellowship opportunities

### **Check Out AMCP's Student Pharmacists Center!**

http://www.amcp.org/studentcenter/





